

ATTACK

VOLLEYBALL CLUB

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Attack is a non-profit organization providing Southwest Iowa youth the unique opportunity to develop and improve their volleyball game in a competitive environment.

Our focus is to gain knowledge, improve skills, promote sportsmanship and have fun while working together as a team to accomplish goals.

VISIT

OUR

WEBSITE

www.attackvb.org

ABOUT ATTACK VBC

- Attack Volleyball Club was established in 2007. Since then we have emerged as a dominate club in the Nebraska and Iowa region.

- We have qualified a 12s team in 2009, 2010 & 2011 and a 13s team in 2011 to the US Junior Olympic National Championship.

- Our tryout process is for prospective players and parents to meet us and determine if you want to join our club. Players will not be cut as long as coaching resources are available. There are no predetermined teams. Using competitive practices, teams will be chosen in January according to skill level. Top 8 on the 1's, next 8 on the 2's etc..., with a maximum of 10 players per team. We will move players during the season keeping the players best interest in mind. Tournament playing time is not guaranteed, but with our low team sizes all girls will get to play.

- Practices are once a week starting in December with tournaments primarily on Sundays beginning in late January for 7-8 weeks. Tournaments will be local with the exception of Iowa Regionals in Des Moines. To keep our players challenged, we strive to play the highest level possible. Our 1's team will play gold tournaments & the National Qualifier at Regionals. Our 2's team will play gold & silver and the Non-Qualifier Gold at Regionals. Our 3's & 4's teams will play silver/bronze tournaments and the Non-Qualifier Silver at Regionals. All players are required to make an Iowa Regional commitment. Players chosen for the 1's team will need to make a National commitment prior to the start of the season.

ATTACK VBC FEES

Our goal is to keep your club expenses to a minimum. We require all dues to be paid at registration. No refunds after practice starts.

NEW PLAYER FEES - \$475

- Iowa Regional Volleyball Membership
- Tournament Fees
- Practice Gym Fees
- Uniform (2 Game Jerseys & Spandex Shorts)
- Warm-Up Jacket & Warm-Up Pants
- Practice T-Shirt
- Attack Duffel Bag

RETURNING PLAYER FEES - \$375

- Iowa Regional Volleyball Membership
- Tournament Fees
- Practice Gym Fees
- Additional fees for uniforms tops may be required due to a factory change of styles

ADDITIONAL FEES

- Regional Hotel - \$105/night (2 nights)
- Replacement Uniform (if needed)
- Fund-raising \$50 (information below)
- Socks, Kneepads and Shoes
- Miscellaneous Optional Expenses

FUND-RAISER

Our 2011-2012 fund-raiser is a mandatory raffle ticket sale. It will begin at registration and end in January. Each player will be required to purchase 50 tickets for \$50. Players will sell tickets to recoup your \$50. You can chose to keep all the tickets for yourself or sell them to your family and friends. Drawing will be mid-January: 1st place is \$500, 2nd place is \$300 and 3rd place is \$200. 100% of all fund-raisers will be used to offset expenses for teams qualifying for the USA Junior Olympic Nationals. Also, throughout the season optional fund-raising opportunities will be available. Families and friends can attend 'Attack Nights' at local restaurants where we will be given a percentage of the total sales.



TRYOUT INFORMATION

Tentative Dates watch web site for changes

October 30th:

12's & Under: 1pm - 2pm

13's & 14's: 2pm - 3pm

November 6th:

15's - 18's: 1pm - 3pm

Location:

Community of Christ Church

116 West Kanessville Blvd

Council Bluffs, Iowa

Parents:

There will be a short meeting during each tryout session. Please plan to attend.

Players:

If you are unable to attend your session, you may attend another session.

PLEASE BRING THE FOLLOWING

- \$20 Tryout Fee
- Parent (to fill out paperwork)
- Kneepads, Indoor Court Shoes & Water
- Current USAV Membership (see instructions)
- Completed Medical Release Form

USAV MEMBERSHIP - REQUIRED

1. Go to www.iavbreg.org/index.php/juniors/ complete the membership process either as a 'New Member' or 'Renewing Member'
2. Choose 'Junior Membership'
3. Indicate 'Undecided' under club affiliation
When you accept an invitation to a club, you may then go back and change to the club you are joining. If you are certain you want to play for Attack, you may choose Attack VB.
4. Choose the 'Pay Later' option. Your membership fees are included with our Attack club dues & will be paid by Attack at a later date if you choose to play for AVBC.
5. When finished, print confirmation page & completed medical release form and bring to tryouts.

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2011 AGE DEFINITIONS

- 12's: Players born on or after 09/01/1999
- 13's: Players born on or after 09/01/1998
- 14's: Players born on or after 09/01/1997
- 15's: Players born on or after 09/01/1996
- 16's: Players born on or after 09/01/1995
- 17's: Players born on or after 09/01/1994
- 18's: Players born on or after 09/01/1993 or players born on or after 09/01/1992 & a high school student in the 12th grade or below during some part of the current academic year

CONTACT INFO

CLUB DIRECTOR

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WEBSITE

www.attackvb.org

TENTATIVE DATES

TENTATIVE PRACTICE SCHEDULE

- 12's - Fridays @ Woodrow Wilson Middle School 6pm -9pm
 - 13's - Fridays @ Community of Christ Church 6pm - 9pm
 - 14's - Tuesdays @ Community of Christ Church 6pm - 9pm
 - 15's - Wednesdays @ Community of Christ Church 6pm-9pm
 - 16's - 18's - Saturday or Sundays (Dec & Jan) @ Woodrow Wilson 1pm-4pm, then (Feb & March) Wednesdays @ Community of Christ Church 6pm - 9pm
- Players are required to attend one practice per week, arriving 15 minutes early. If you can not make your scheduled night, you may attend any other team's practice that week. Missing practice may result in reduced playing time at the next tournament. Players will also be required to attend a score keeping and ref clinic for their age group.

TENTATIVE TOURNAMENTS

- January 29th: Local Tournament TBD
- February 5th: Local Tournament TBD
- February 12th: Local Tournament TBD
- February 19th: Local Tournament TBD
- February 26th: Local Tournament TBD
- March 4th: Local Tournament TBD
- March 11th: Local Tournament TBD
- March 18th: Local Tournament TBD
- March 17-18: Iowa Regionals in Des Moines (15's, 16's, 17's & 18's)
- March 24-25: Iowa Regionals in Des Moines (12's, 13's & 14's)

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